

## **APPETIZERS & STARTERS**

#### Potstickers 8

shredded Asian chicken wrapped in an egg roll skin, pan-fried & served with a sweet chili sauce

### Quesadillas 8

grilled tomatoes, caramelized onions, mushrooms & bell peppers with quattro cheese in a flour tortilla

### Soup du Jour Cup 3 / Bowl 4

### House or Caesar Salad 3

dressings: bleu cheese / 1000 isle / ranch french / orange balsamic vinaigrette

Wedge of Lettuce Salad 4 grape tomato, red onion, bacon, bleu cheese

# ENTRÉE SALADS

add grilled chicken 3 / add grilled salmon 5 / add chilled shrimp 5

# Spring Chopped Salad 8/14 GF

seasonal mixed greens tossed with green peas, julienne red onions & shredded cheddar, topped with chopped avocado, hard-cooked eggs, kalamata olives & toasted walnuts, served with an apple mustard vinaigrette

## Bacon, Egg & Swiss Salad 8/14 GF

crispy applewood smoked bacon, hard-cooked eggs with julienne cuts of swiss cheese,
Peruvian artichoke hearts & grape tomatoes over seasonal mixed greens,
garnished with sliced oranges & served with a red wine vinaigrette

## Char-Crusted Tenderloin Steak Salad 9/15 GF

certified hereford beef seasoned in mélange cracked pepper with havarti cheese, red onion and grape tomatoes, sprinkled with applewood smoked bacon served over seasonal mixed greens with a tangy western dressing

#### LIGHTER FARE

all lighter fare options are served with a choice of side: french fries, sweet potato fries, fresh seasonal fruit, kettle chips, low-fat cottage cheese, apple sauce, 3-bean salad, house salad, caesar salad or soup du jour cup

# The Trillium Burger 11

certified hereford beef ground chuck, cooked to your liking & served with lettuce & tomato Available as is or with your choice of: cheddar cheese, swiss cheese, pepperjack cheese, sautéed mushrooms, sautéed onions, applewood smoked bacon

# Liverpool Burger 11

certified hereford beef ground chuck, char-broiled & topped with grilled Canadian bacon, sautéed mushrooms & cheddar cheese on a grilled vanilla egg bun

## Princess Flat Bread 11

grilled & sliced herb chicken breast, tender cuts of asparagus sprinkled over a light alfredo sauce on crusted flat bread, topped with melted Monterey jack cheese

#### **PASTAS**

### Pasta Primavera 12/18

penne pasta tossed in olive oil & fresh squeezed lemon, with asparagus, sweet onions, garden chives & button mushrooms

### Pesto Linguine 12/18

noodle pasta prepared in pistachio pesto, chopped tomato, garlic & lavendar, tossed with sautéed button mushrooms & finished with shredded parmesan cheese either pasta - add grilled chicken 3 / add grilled salmon 5 / add sautéed shrimp 5

# **ENTRÉES**

### All Entreés & Pastas come with a choice of soup or salad

\*Wedge Salad \$1 Upcharge\*

### Chef's Market Fish

Chef's fresh market fish, ask your server for preparation & pricing. Subject to availability.

Please note, no substitutions are available with this dish

#### Beef Tenderloin Steak Petite 16 / Grande 24 GF

black angus beef char-broiled, topped with sautéed button mushrooms & a garlic horseradish cream, served with whipped buttered potato & Chef's market vegetable

### Eggplant Napoleon 14 💙

lightly panko-breaded eggplant, pan-fried & layered with a marinara sauce, asparagus & low-fat cottage cheese

### Lemon Butter Scallops 14/21 GF

hand-packed & harvested from the Northern Atlantic, pan-seared with chopped garlic, fresh squeezed lemon & chopped parsley, served with brown rice & asparagus

# Pork Kebobs 12/19 GF

brochette buts of pork tenderloin, skewered with bell peppers, sweet onions & pineapple, grilled & placed over brown rice, finished with a lime cilantro glaze & Chef's market vegetable

# Sockeye Salmon 21 *GF*

safe-net wild caught from the Northeast Pacific, lightly mariniated in soy, olive oil, garlic, red pepper flakes & lime juice, grilled & served with new parslied potato & organic carrots

# Veal Marsala 18/24 GF

thinly sliced veal cutlets pan-fried golden brown with sautéed button mushrooms & a splash of marsala & garnish of fresh chopped parsley, served with whipped buttered potato & organic carrots

#### New York Steak 26 GF

certified hereford beef, center cut from the striploin, grilled to your preference & smothered in buttered mushrooms, served with new parslied potato & yellow squash

#### **ALWAYS AVAILABLE SIDES**

New Parslied Potato Seasonal Fresh Fruit Asparagus

Whipped Buttered Potato Low-Fat Cottage Cheese Yellow Squash

Brown Rice

Baked Potato 3 Bean Salad Chef's Market Vegetable

Organic Table Carrots

4-29-2019 to 5-11-2019

Apple Sauce